

# TROOP 373 BACKPACKING EQUIPMENT CHECKLISTS

## **“THE ESSENTIALS”:**

(Carried in Day Pack or large Fanny Pack when away from Backpack)

ID card – Listing your Emergency Phone number & Medical information

(Name & Phone number for Doctor and Dentist with Medical Insurance info)

Pocket Knife

First Aid Kit & 25 cents (for emergency phone call)

Water (1 qt. Plastic water bottle) & Water purification tablets.

Rain gear and Emergency shelter

Extra Clothing

(Layers based upon weather & geographic location – taken from “Clothing” list below.)

Emergency Trail food (for an extra day)

Matches & Fire starter (in water proof container)

Flashlight + Extra bulb and batteries

Whistle

Compass & Map of area where Hiking

Insect Repellant (100% DEET – no Sprays!)

Sun Glasses & Sun Screen (PF20 or Higher)

Emergency medication (bee sting, etc...)

## **Personal Equipment:**

Pack & Frame (Duffle Bag)

Sleeping Bag (in waterproof stuff sack)

Sleeping pad & ground sheet

Day Pack or large Fanny Pack (for ESSENTIALS)

Nylon Food Bag

Eating Gear:

Cup & Bowl (Plastic)

Fork & Soup spoon

Cleanup Gear:

Soap (Biodegradable)

Toothbrush

Wash cloth (in “Ziplock” bag)

Hand Towel

Toilet Paper

“Chapstick” or equivalent

3 Large Garbage Bags (32 gal)

Scout Handbook

Pocket Bible (Optional)

Camera & film (Optional)

Fishing Gear (Optional)

## **Clothing:**

Long pants & short pants

T-shirt (2)

Hiking boots

Camp shoes (Canvas Deck Shoes)

Underwear (2 pair)

Socks (2 pair – Polypropylene)

Wool Boot Sock

Sweater or sweatshirt

Windbreaker

Hat (with brim)

Knit cap

Belt with small buckle

Swim suit

Handkerchiefs

[Thermal underwear (Winter)]

[Warm Jacket/Parka (Winter)]

Plastic or Coated Nylon Bag

(for Extra shoes or swim suit)

\* (This list includes the clothing you are wearing.)

## **Patrol Items:**

Needed for every 2 Scouts: Tent with Rain fly & Ground Sheet OR 2 coated Nylon tarps (8’x10’ with cord & tent pegs).

Needed for every 3 Scouts: Stove, Wind screen & fuel (Scout must be 1<sup>st</sup> Class), 3 Cooking pots with lids (2.5 pints & larger), Pot Gripper, other cooking gear, Dish soap (Biodegradable), Scrub pad/Sponge, Pot scraper (nylon), Hand Towel (for kitchen use).

Needed for whole Patrol: Food, Water container, Small Plastic shovel, Repair kit, sewing kit.